

NARPO

NORFOLK BRANCH NEWSLETTER



April 2017

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A Message From Your New Assistant Secretary

If you were at the Norfolk Narpo AGM in March you will have been present when I was lucky enough to have been voted in as your new Assistant Secretary. I thank all those that voted for me and I hope I am able to fulfill your expectations. I take the place of Sam Bussey, and I thank him for all the work he has contributed to Narpo for so many years.

I have agreed to take over the publishing of this newsletter from Helen Wickens, and after many computing problems, which are too many to describe, here is my first effort. I have got some new ideas but you will not notice much difference so far; (for those interested I am having to revert to Microsoft after years of operating Apple—very difficult!!).

I suppose I had better give you a short potted history of my police career. I joined the Metropolitan Police Cadet Force in September 1969 and the Met as a Constable in December 1970. In 1976 I transferred to Norfolk and was posted to Norwich. I then went to Thetford in 1979 as a Detective Constable (SOCO), and remained there till I retired in 2000. My 'retirement' did not last long as later the same year I joined Suffolk Constabulary as a Volume Crime Scene Investigator (police staff). This lasted for 18 months, until in 2002, when I returned to the Norfolk Constabulary as an Enquiry Officer within the AOJ Department working out of Gt. Yarmouth. I later returned to Thetford as a Case Builder/Decision Maker still within the AOJ. For the last four years of my working life I joined the Major Investigation Team at OCC as an Enquiry Officer where I worked till my full retirement in 2015.

I am married to Nicola (nee Brew – ex 928), and live in Hethersett. I have four children from a previous marriage and seven grandchildren.

I enjoy walking of all kinds, but especially hill-walking, cycling and going to the gym; all in an effort to keep fit.

Thank you again for your support.

Gus Williams. Assistant Secretary.

ALZHEIMER'S SOCIETY

SIDE BY SIDE WITH PEOPLE IN NORFOLK

We have been contacted by the Alzheimer's Society for volunteers to help people with dementia to carry on doing the things they love. Alzheimer's Society "Side by Side" service, supported by the People's Postcode Lottery, is reconnecting people with dementia with their communities and favourite pastimes, using a new approach to volunteering. Support can come in various ways from attending a football match, joining a local class, visiting a garden centre to a walk in the park.

Volunteers are crucial to the success of this service and can range from providing support once a week to once a fortnight, at a time that works for the volunteer and person with dementia. Training will be provided so that volunteers are confident about carrying out the role.

We all know someone who has been diagnosed with this debilitating condition, and here is your opportunity to help out.

If you are interested please contact:

Michael Wild, Engagement and Involvement Officer. 01603 763517 or email norfolk@alzheimers.org.uk

Please note: Treasurers Report and Yearly Account Sheet attached to this newsletter.

IN MEMORIAM

It is with sadness we announce the death of the following: Reg LESTER. Andy NINHAM.
Peter ATKINS.





THE CHAIRMAN'S PEN

Ladies and Gentlemen,

May I start by simply saying "Spring has sprung" and lets hope the good weather continues, not like so many previous years where we suffered long cold weather well into the middle of the year.

Many thanks to the forty plus members who attended the Annual General Meeting at Dereham on 14th March. A talk was given by Roddy Bar of the Co-op Legal Services, entitled "Tax, Care and Toy Boys". I cannot put into a few words what he took three quarters of an hour to say, but his basic message was for people to check their Wills and make sure they are fit for purpose. So many people are falling foul of badly written wills and there is certainly a need to make sure yours is right?

The AGM saw the retirement of one of our National Executive Committee representatives, Laurence Wright. Laurence has been in post for twelve years and served on several sub-committees, not least the "New Rules" committee which, as you know, has been contentious of late. Also, our former Secretary/Treasurer and more recently Assistant Secretary, Eric Bussey, has completely handed over the reins and I would like to wish him a long and happy retirement. He will not be forgotten and we speak regularly. His position has been taken by Michael (Gus) Williams. Helen has tasked Gus with the upkeep of our web site and Editor of this Newsletter. This being his first. Good luck Gus, I know you have some new ideas so hopefully they will appeal to some of the younger members who jokingly refer to this publication, "The death message". The words "Anno Domini" come to mind in response?.

Following the AGM, on 18th inst., Helen and I attended a Regional meeting at Peterborough, where one item on the agenda was the election of Laurence Wright's successor. Bob Mabbutt from Northamptonshire, who has been our reserve NEC member for sometime, was duly elected. Bob is an experienced NARPO man and has more recently been our Regional Chairman, a position he will relinquish in September when he takes his place on the NEC. I had pleasure in seconding Bob for this position and as a Branch we voted for him.

Returning to our Branch, you will probably remember me referring to Brian Pincher's interest in joining the committee, Brian has attended a committee meeting with us and fitted in very well. However, he has some personal commitments coming up and will not be joining us this year. He will continue with his very successful "Trowse Natters". We still need help in the East of the County and again Helen organised the Yarmouth Christmas Dinner. After a very poor initial response it was well attended by fifty plus members and a great success on the day. I am sure there is somebody out there who would enjoy getting involved with organising such events and assist our beleaguered Secretary/Treasurer, in that area.

May I conclude by thanking you all for your continued support.

Best wishes. Colin Fox. Chairman.



SOCIAL EVENTS AROUND THE COUNTY

Norfolk Broads with Hog Roast

Your NARPO Committee has decided to repeat the Norfolk Broads Boat trip with Hog Roast again this year following its success last year however we would like better support this time.

The trip will be on **Saturday 17th June 2017**, departing Wroxham 11am and returning at 3pm. The cost this time will be £12.50 for member and principal guest and £15 for non-members this time the number of guests is unlimited; but please, no small children. When we book the boat it is for NARPO and we have to give an age range for Health & Safety and Insurance purposes.

The boat we hire is The Queen of the Broads, this boat has all the disable facilities you could want and it conveys wheel chairs loaded by a lift. Boarding will commence at 10.30am for disabled passengers and 10.45am for the remainder. The boat departs on time and arrives back on time. Parking is at the quay-head, at a pay and display car park. We travel from Wroxham via various broads to St Bennets Abbey where we turn round and return.

The Hog Roast is provided by Cawdrons Butchers of Stalham and travels with us throughout. This is a really lovely meal it's on a come and come again basis and there is plenty to go round.

Please make bookings as soon as possible and make cheques payable to *NARPO Norfolk Branch*. Send your cheques to me:

Mr S. R. Watkinson, St Winifreds, Lynn Road, Gayton, Kings Lynn. PE32 1QJ.

Please note we do not bank cheques until near or after the event so if you book early and have to cancel that can easily be sorted.

Walking Club

I am hoping to start up a walking club for all Norfolk Narpo Members. This would entail me leading a walk of between 6 and 8 miles around our lovely Norfolk countryside. I would organise the walks throughout the county so everyone gets a chance to join in without huge drives to get to the starts. I envisage walking once a month on Mondays, and all contact and arrangements will have to be via mobile phone or internet. This idea is still in a very early stage of planning and I have got to get some form of insurance/liability cover sorted out before I can move ahead. I would appreciate any comment or interest.

Gus Williams.

Contact me on 07774 037611 or mjwilliams171@outlook.com



National Association Retired Police Officers

Need our help or assistance ?

Call the Norfolk Branch

07597398688

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Treasurer's Report
Financial Year
1st January to 31st December 2016

I am pleased to present my fourth Treasurers Report and once again I can report the Branch Funds are very healthy.

As reported previously our income is predominantly subscriptions which are collected on an annual basis in January of each year; 60% of which we keep to run the Branch and 40% precept is forwarded to Wakefield our head office. We would expect the income from membership subscriptions to increase as our membership numbers continue to grow notwithstanding the number of deaths which is inevitable for an organisation like NARPO. The miscellaneous subscriptions refer to new members joining throughout the year and they pay on a pro rata basis depending on which month they join. The total income for 2016 was £19978.99 up £603.80 on 2015.

On the expenditure side, Conference expenditure was down on 2015 which is mainly due to the difference in the cost of hotel rooms and savings on rail travel.

There is an increase in expenditure on Newsletters. There are just over 300 members receiving the Newsletter by e-mail; however 600 members still receive it by post. NARPO HQ will print and mail out our Newsletter 4 times a year at a nominal cost and for any additional circulations, the postage is charged at 35p per mailing. We had an additional Newsletter this year over and above the four.

The expenditure under IT and Consumables includes the purchase of a suitable Laptop with software for the Chairman.

The savings on Committee meetings relates to the AGM. Less numbers attended in 2016 and this reflected in the cost of Refreshments paid per head.

The figure under Social Subsidies has to be put into context. To get an accurate figure it is necessary to deduct the income of £3420.45 under ticket sales from the expenditure which reveals a true figure of £1944.69 for 2016 (£1299.11 for 2015). There was a conscious decision following the AGM to increase the number of events and to provide effective subsidies as a means in encouraging the membership to support these events.

There is a significant difference in expenditure under the heading Welfare Grant from 2015. There have been fewer requests for support in 2016 and no requests for mobility scooters which was the case in the previous two years. We can expect this figure to fluctuate each year depending on the need.

Miscellaneous expenditure includes a donation to the Police Arboretum Trust of £1050 for the creation of the new Police memorial in the Arboretum in Staffordshire.

Expenditure under the remaining headings has remained very much the same.

Finally when you look at income over expenditure there was a surplus in 2016 of £888.45 with monies at the bank at the 31st December 2016 totalling £40968.18

I commend this report to you.


Helen Wickens MBE

NARPO - NORFOLK BRANCH BALANCE SHEET FOR 2016

	2016	2015
Balance Brt Fwd from 2015	38635.70	37516.02
<u>INCOME</u>		
SUBSCRIPTIONS - KIER	15681.60	15028.20
SUBSCRIPTIONS - MISC	577.74	623.70
SOCIAL EVENTS TICKET SALES	3420.45	1937.04
BANK INTEREST GROSS OF TAX	27.10	30.74
CONFERENCE REFUND	272.10	0.00
MISC (SSAFA GRANT)	0.00	500.00
TOTAL	19978.99	18119.68
Transfer to Chq Account	18000.00	17000.00
Balance	40614.69	38635.70
	31.12.16	Balance HSBC
		40614.69
<u>SUMMARY</u>	2016	2015
Recorded income for current year	19978.99	18119.68
Recorded expenses see over for detail	19090.54	16532.81
Surplus income over expenditure	888.45	1586.87
Balance brt fwd from 2015	38635.70	37516.02
Acc 61426680	1444.03	1444.03
Acc 61426672	40079.73	40079.73
TOTAL	40079.73	40079.73
Balance at HSBC 61426680	40614.69	40614.69
HSBC 61426672	353.49	353.49
Surplus 2016	888.45	888.45
Balance sheet figure y/end 2016	40968.18	40968.18
	Total held HSBC	40968.18

NORFOLK BRANCH OF NARPO - BALANCE SHEET for 2016

	2016	2015	
Balance Brt Fwd	1444.03	976.84	
Received from Income Acc	18000.00	17000.00	
TOTAL	19444.03	17976.84	
EXPENDITURE			
PRECEPT	6351.84	6145.92	
CONFERENCE	2399.00	2778.49	
NEWSLETTERS	590.04	267.60	
STATIONARY/POSTAGE	105.54	88.27	
IT & CONSUMEABLES	572.49	476.50	
WREATHS	125.00	125.00	
COMMITTEE MEETINGS	687.04	844.12	
TRAVEL & MILEAGE	850.65	539.85	
SOCIAL SUBSIDIES	5365.14	3236.15	
NARPO MOBILE PHONE	20.00	0.00	
WELFARE GRANTS	350.00	847.89	
MISCELLANIOUS EXPENDITURE	1673.80	1183.02	
TOTAL	19090.54	16532.81	
			31.12.16 Balance at HSBC
			unpaid chq 100467
			403.49
			50.00
			353.49

1. signed  date 2nd February 2017

2. signed  date 27th Feb 2017