

# NARPO

NORFOLK BRANCH NEWSLETTER



## ANNUAL GENERAL MEETING

We held our AGM at Aldiss Park, Dereham on Tuesday 13th March 2018.

Details of the meeting are covered in the "From Our Chairman's Pen", below.

The meeting was attended by 39 members and we had visiting us three NARPO Representatives in the shape of Mr Brian Burdus, Mr Richard Critchley, and Mr Bob Mabbutt.

Our Chairman, Colin Fox, opened the meeting, welcoming our guests and we then stood in silent tribute to colleagues who have passed away during the past year.

The Chairman's address was short and succinct and Helen Wickens, Secretary/Treasurer, gave her reports and presented the accounts to the meeting. The reports and accounts appear below,

The election of officers was held and there was no change except that Brian Pincher was elected as an additional member of the Norfolk Branch Committee.

Two other items were discussed;

1. The Norfolk Branch celebration of the 100 years of the National Association of Retired Police Officers.
2. The criteria to become a member of the Norfolk Branch of NARPO.

These two items are covered separately below.

The meeting was closed at 3.45pm.

## APRIL 2018

Helen Wickens. MBE

Secretary / Treasurer

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## Just a bit of background on our new Committee member, **Brian Pincher** in his own words:

*"I'm mainly a Norfolk Boy but joined the Met Police in 1982 and served in SE London . In Dec 1983 I married Jill, a nurse from Norwich, whom I'd met when I was a Nursing Assistant at the old Norfolk and Norwich Hospital prior to joining The Job.*

*On the birth of our first daughter we decided to move back to Norfolk to be nearer both our families. Initially posted to Kings Lynn I enjoyed Beat Policing North Lynn and Fairstead and Beat Support Group, before moving again to Norwich to be nearer to both sets of parents. We have lived in Mulbarton, just south of Norwich, since 1987. Our second daughter Charlotte was born in 1990.*

*I have worked mainly in uniform at Norwich, Thetford and Gt. Yarmouth with spells in Training, Proactive and Criminal Justice Unit (Prosecutions Dept). I retired in October 2011, but missed working with people and the banter of the work place.*

*In April 2012 I got a job working part time as a Civilian Investigator with the Rape Investigation Unit. Since retiring Jill and I enjoy Ballroom and Latin and dancing and I sing with a Norwich based Barbershop Choir "Fine City Chorus"*

*I have organised several local 'NARPO Natters' in Norwich, to help keep in contact with friends within the police family. It was with this in mind that I decided to "Do my bit" and volunteer for the local NARPO Committee."*

## IN MEMORIAM

It is with sadness we announce the death of the following: Reg HURREN.

Mrs. Violet GILMORE: Roy Gilmore, formerly PC 149 of Norfolk Constabulary at Dereham, announces the death of his beloved wife of 67 years. Violet died peacefully aged 89 years at Caterham, Surrey on 7 March 2018. Roy resides at Longmead House Care Home, Caterham, Surrey, CR3 5HG.



## **FROM OUR CHAIRMAN'S PEN**

Ladies and Gentlemen,

Welcome to our Spring Edition. I will not mention the weather, except to say that Easter is traditionally cold! Please keep warm or take a holiday in warmer climes.

The Branch AGM took place at Aldiss Park, Dereham, on 13th March. 39 members attended. There were several apologies from regular attenders so overall this was a very reasonable turn out for us. We were blessed with the attendance of both our NEC representatives, in the shape of, Brian Burdus and Bob Mabbutt. Brian was elected National President last September and Bob was duly elected to replace Laurence Wright, who retired last year. Bob, a Northampton man, had been Chairman of our Region and then stood for the National Executive. I had seconded him for this position and he won the position on a comfortable vote and is already making himself known on the NEC. Also present was Richard Critchley, the new Vice President. Richard is Secretary of Wakefield Branch. He was also Chairman of the Rules Sub-Committee on the NEC and in our opinion the leading light in sorting out the new rules after the previous debacle. All three answered members questions.

By the time you read this, Helen and I, God willing, will have attended the Regional Meeting at Peterborough, (24th March). We have two regional meetings per year, the first being the AGM. This time we are having a two hour lecture, by a firm of consultants, on Data Protection, plus the normal meeting. Wakefield are being very tiring about Data Protection and I would like to assure you that we, as a Branch, are doing everything to comply. It is therefore essential that you keep us informed of any changes in your personal circumstances, i.e. change of address, telephone number and the biggest offender, e-mail address. I thank you for responding to Gus last time, as despite plea's from Stan and I something clicked with Gus's plea and Helen had sixty odd amendments.

Returning to the AGM, all the officers were returned with an additional committee member, Brian Pincher. I am very pleased to welcome Brian, he has been doing his own thing with the Trowse "Narpo Natter", which in itself is a success and he is already part of the 2019, 100 year Celebrations as he is member of the "Fine City Chorus", a barbershop chorus which is participating in the proceedings. I have tasked Brian with finding another committee member for the East of the County so if you fancy having a go please either contact Brian or myself. It is what they call "Succession planning". Talking of which, it is my intention to stand down as your Chairman, next year. This is partly due to my health and the need to bring in younger members, again succession planning. I am hoping that you will allow our Vice Chairman, Stan Watkinson, to take over. Stan puts a lot of work into the Branch, he is well respected and I have to thank him for standing in for me at Conference etc., over the last twenty months, since my problem started. I have been asked to stay on until our celebration event, which I sincerely hope to do and if you will have me, stay on the committee.

Best Wishes to you all.

Colin Fox,  
Chairman.



## **SOCIAL EVENTS AROUND THE COUNTY**

### **NEXT NARPO NATTER**

**Monday 14th May 2018**

The White Horse Public House,  
Trowse, Norwich.  
6.30pm onwards

If you would like to eat, food is very reasonable, but please let me (Brian Pincher) know just so I can give the pub an idea of numbers eating.

Contact for Brian : 07795 507421

Or: [b.pincher@btinternet.com](mailto:b.pincher@btinternet.com)

### **MONTHLY MONDAY WALK**

The next Monday Monthly Walk will start at Burnham Deepdale.

Monday 16th April 2018, 10.30am sharp.

All are welcome to join us. This walk will be from Deepdale to Holkham on the Norfolk Coast Path. Return to Deepdale by Coastal Hopper bus, (bring your bus pass if you have one).

Details from Gus Williams

07774037611

[mjwilliams171@outlook.com](mailto:mjwilliams171@outlook.com)

### **NORFOLK NARPO RIDERS**

Motor Cycle Rideout last Sunday of each (fine weather) month.

Details from Neil Frame

07411152365 or

[neilframe@gmail.com](mailto:neilframe@gmail.com)

Further details can be seen on our website

[www.narponorfolk.org](http://www.narponorfolk.org)

## ITEMS DISCUSSED AT AGM

### Item 1.

Further explanation was given by the Secretary, Helen Wickens, of the planned "Celebration of 100 Years of Narpo" at Thursford on Saturday 27th July 2019. Planning has been moving forward and it has been decided that a buffet style meal should be preferred to a sit down banquet. This will allow more members to attend the event.

Entertainers are in the process of being booked. And, discussion was held as to the possibility of providing transport to and from the event on the day,

More detail will be given in the next Newsletter.

### Item 2.

The criteria to become a member of the Norfolk Branch of NARPO, was discussed, due to the changes in Narpo Rules.

In September 2017 the National NARPO Conference approved New Fund Rules, and at the Norfolk Committee meetings in October 2017 and January 2018, consideration was given to the implications of the new Rules on the Branch.

The new Rules:

Rule 6.1 States: Membership of the Association is at the discretion of the Branch.

Rule 7.1 States: All applications for membership shall be made to the relevant Branch Secretary who shall decide whether to accept or refuse the application.

There are now two clear main categories of membership:

FULL MEMBER : Defined by Rule 6.2 – these are essentially retired police officers **entitled** to a police pension. The wording has changed as previously a full member had to be in receipt of a pension. The new wording allows those who have left the Service with a deferred pension etc to now join.

A Full Member can hold office and attend the national conference as a delegate and be elected to the NEC.

MEMBER : Defined by Rule 6.3 - a Branch may grant 'membership' to any person who is not eligible to join the Branch as a Full Member. They can not hold office or become a delegate to conference etc.

Therefore, onus to accept or refuse an application to be a 'Full Member' or a 'Member' falls on the Branch Secretary.

The Secretary, Helen Wickens, quite rightly wanted a 'clear steer' from, initially, the Branch Committee, and then secondly, from members at the AGM, as to the criteria she was to adopt and apply when making a decision on membership, ensuring that we do not discriminate but act in a fair and open manner.

So, initially at the last Committee Meeting, held on 16<sup>th</sup> January 2018, a full discussion took place and the overwhelming comment was ...and the clue is in the name ...National Association of Retired Police Officers.

The Assistant Secretary, Gus Williams, tabled a proposal that:

*"The Norfolk Branch will not except anyone other than retired police officers, their widow/widower as a 'Member'"*

This proposal was unanimously agreed by the Committee.

To clarify what this means:

Widows/Widowers of eligible Full Members may become Members of the Branch (non paying).

Full Members of another Branch may become Members of the Norfolk Branch.

The situation and proposal was explained to the AGM by the Secretary and discussion/questions offered.

The above proposal was put to the vote of the AGM, and was passed almost unanimously.

## NORFOLK NARPO RIDERS

Your Committee has received a message from Neil Frame which is reproduce here:

*“At a recent retirement doo, I spoke to a couple of pensioners, who like myself, enjoy motorcycling. They mentioned that they did not ride as much as they would like to, and part of the problem was, nobody to ride with. I know there are quite a few of our members who ride motorcycle. What I would like to propose, is a ride-out on the last Sunday of each month, (the nice weather months, not winter).*

*I am willing to organise and coordinate, although I have to admit that I travel a lot, and so will not be able to attend all rides, but am confident others would help. I am more than happy for my e-mail address to be used as a point of contact. The format (of the rides) would be something along the lines of: meeting at a café for breakfast about 9am and then ride the roads of Norfolk till about lunchtime. I would open it up to our members and close friends”.*

Neil asks anyone interested, or if you would like more information, to make contact with him:

E-mail: [neilframe@gmail.com](mailto:neilframe@gmail.com)

Mobile: 07411152365.

Neil has also created a Facebook Page for members, who will have to ask to join:

<https://www.facebook.com/groups/364411557359316/>

And here is a bit of background from Neil:

*“I served 15yrs in The Met and 15yrs in Norfolk, retiring in 2012. Part of my service was in Traffic on motorcycles, which indulged my passion for motorcycling. I tour extensively throughout Europe and currently ride a BMW R1200RT. I am a motorcycle and car examiner for the Institute of Advanced Drivers and ROSPA. My other passion is motor homing and travelling which I do with my wife of 25yrs.”*

*Neil Frame.*

Just a few words on the above generous offer from Neil Frame from the Newsletter Editor.

I co-ordinate the Monthly Monday Walks, for Narpo members, and can recommend any sort of ‘get together’ of us retired Police Officers. I have been, in the past, a recreational motor cyclist, and would encourage anyone to join in on this ride-out opportunity. I am sure that Neil will make a success of this venture, well done mate!

Gus Williams, Assistant Secretary, (Newsletter Editor).

### ACCESS TO SPECIAL OFFERS FOR NARPO MEMBERS

NARPO HQ (Wakefield) often send us details of special offers available to NARPO members. These take the form of an e-mail from a company and a link to access the information. Of course I am unable to transfer this content of this link onto this newsletter, but, you can get access to this information via:

<http://www.narpo.org.uk/index.php/member-services.html>



National Association Retired Police Officers

Need our help or assistance ?

Call the Norfolk Branch

07597398688

Sponsored by Police Insure

# NATIONAL ASSOCIATION of RETIRED POLICE OFFICERS

## BROADS OUTING 2018

Your NARPO Branch has again teamed up with Broads Tours of Wroxham for a day trip on the Broads. We have booked The Queen of The Broads for Saturday 16<sup>th</sup> June from 11am to 3pm. Instead of a Hog Roast we have joined with Norfolk Catering and have selected a delicious buffet for you choose from:

Sliced Gammon Ham  
Sliced Norfolk Turkey  
Sliced Silverside of Beef  
Seasonal salad & Coleslaw  
Dinner Rolls & Butter  
Mini Pork Pies  
Scotch Eggs  
Sausage Rolls  
Vegetarian Quiche 3 different varieties  
Seasonal Pate  
Selection of Cheese Celery & Grapes  
Crackers & Butter

The cost will be Member & husband /wife/ partner £10 each. Guests £12.50.

We are limited to 100 passengers. This boat is disability friendly with a lift for wheelchairs.

Boarding for the disabled 1030hrs. All other 1045hrs.

Please note we cannot take small children or dogs (except guide dogs)

Booking conditions: All money to be paid by cheque, payable to, **NARPO Norfolk Branch** with the application. No cancellations will be entertained after the 1<sup>st</sup> June 2018, as NARPO has to pay in advance all costs and give final numbers by this date.

All payments to be sent by post to:

Mr S R Watkinson, St Winifreds, Lynn Road, GAYTON, Kings Lynn. PE32 1QJ.

If you want an acknowledgement that I have received the cheque please include an email address otherwise just accept you are on the list.

Last year this trip was well over subscribed so book early.

Parking will be at The Quay Head at Broads Tours Wroxham Pay & Display



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To reserve ticket(s), please print off/tear off this slip, fill it in and send it to Stan Watkinson at the address above:  
Please reserve me                  members @£10 and                  Guest(s) at £12.50.                  Total £

Name

Address

Email

Mobile no. for contact details if you are missing on the day

## TREASURERS REPORT 2017

Treasurer's Report Financial Year 1st January to 31st December 2017 I am pleased to present my fifth Treasurers Report and once again I can report the Branch Funds are very healthy. The Balance Sheet is prepared in accordance with the requirements of the National office and can be summarised as follows:

Total balance carried forward from 2016 : £40614.69

Total Income in 2017 : £18955.12

Total expenditure in 2017 : £14319.40

Balance at year end : £45603.90

There has been a steady growth in our income due to the continued increase in our membership numbers and the annual increase in subscriptions which is set in our Fund Rules and relates to the annual increase in the Police Pension. The Branch retains 60% of the total and has to send 40% (the precept) to Wakefield, the national office. Included in the income are the social event ticket sales and there was fewer such events in 2017.

On the expenditure side, there is an expected increase in the precept. As the subscription income increases so it follows the precept payable to the National Office ( 40% ) will also increase.

Conference expense was slightly down on 2016. This is predominantly due to location and the deals that can be achieved on Hotel rooms.

The cost in producing and circulating the Branch Newsletter is down in 2017 but this reflects the fact that there was a reduction in the number produced. It is hoped this will be rectified in 2018 and so the cost will revert to a more realistic figure as represented in 2016. Every effort is being made to send the Newsletter by email to as many members as possible, however we are very much aware that we have some very senior members who are not on e-mail and will require their correspondence by royal mail.

The expenditure under IT and Consumables includes the purchase of a suitable Laptop with software for the Assistant Secretary and includes the cost of printer cartridges.

There is an increase in the cost of meetings, 4 Committee meetings and the AGM. This reflects the general annual increase the venue has levied. We have looked at the costs of other venues and we held the January Committee meeting this year at Ayton House, Wymondham that gave a small yet significant saving of £30. We will continue to monitor this cost. The figure under Social Subsidies has to be put into context. To get an accurate figure it is necessary to deduct the income of £1854.00 under ticket sales from the expenditure which reveals a true figure of £348.35 for 2017, substantially less than 2016 There was a conscious decision following the 2015 AGM to increase the number of events and to provide effective subsidies as a means in encouraging the membership to support these events, however, it has been difficult to find a member who is prepared to organise more events. In particular Great Yarmouth did not have a Christmas Dinner event this year.

There is an increase under the heading of Welfare Grants. The 2016 figure was significantly lower than 2015 and as reported last year this figure will fluctuate depending on the needs of the membership.

Miscellaneous expenditure is down as the 2016 accounts included a donation to the Police Arboretum Trust of £1050.

Expenditure under the remaining headings has remained very much the same.

Finally when you look at income over expenditure there was a surplus in 2017 of £4635.72 with monies at the bank at the 31st December 2017 totalling £45603.90

I commend this report to you.

Helen Wickens MBE

**NORFOLK BRANCH OF NARPO - BALANCE SHEET for 2017**

	<b>2017</b>	<b>2016</b>		
Balance Brt Fwd	353.49	1444.03		
Received from Income Acc	14500.00	18000.00		
<b>TOTAL</b>	<b>14853.49</b>	<b>19444.03</b>		
<b>EXPENDITURE</b>				
PRECEPT	6712.74	6351.84		
CONFERENCE	2019.80	2399.00		
NEWSLETTERS	176.58	590.04		
STATIONARY/POSTAGE	87.52	105.54		
IT & CONSUMEABLES	682.67	572.49		
WREATHS	125.00	125.00		
COMMITTEE MEETINGS	864.60	687.04		
TRAVEL & MILEAGE	840.05	850.65		
SOCIAL SUBSIDIES	2202.35	5365.14		
NARPO MOBILE PHONE	0.00	20.00		
WELFARE GRANTS	582.49	350.00		
MISCELLANIOUS EXPENDITURE	25.60	1673.80		
<b>TOTAL</b>	<b>14319.40</b>	<b>19090.54</b>	<b>31.12.17</b>	<b>Balance at HSBC</b>
				<b>534.09</b>
<b>Balance</b>	<b>534.09</b>	<b>353.49</b>		

**NARPO - NORFOLK BRANCH BALANCE SHEET FOR 2017**

	2017	2016
Balance Brt Fwd from 2016	40614.69	38635.70
<b><u>INCOME</u></b>		
SUBSCRIPTIONS - KIER	16673.28	15681.60
SUBSCRIPTIONS - MISC	329.23	577.74
SOCIAL EVENTS TICKET SALES	1854.00	3420.45
BANK INTEREST GROSS OF TAX	18.61	27.10
CONFERENCE REFUND	80.00	272.10
<b>TOTAL</b>	<b>18955.12</b>	<b>19978.99</b>
Transfer to Chq Account	14500.00	18000.00

**Balance** 31.12.17 **Balance HSBC** 45069.81

**SUMMARY**

	2017	2016
Recorded income for current year	18955.12	19978.99
Recorded expenses see over for detail	14319.40	19090.54
Surplus income over expenditure	4635.72	888.45

Balance brt fwd from 2016	Acc 61426680	45069.81
	Acc 61426672	534.09
<b>TOTAL</b>		<b>45603.90</b>

**Surplus 2017**  
**Balance sheet figure y/end 2017** **Total held HSBC** **45603.90**

*Samuel Hill 23 of 2018.*  
*Chm of South. 12.02.2018*



**Please find below an overview of the latest offers available to NARPO members.**

**BUTLINS**

Butlins is offering NARPO members an extra £20 off its best web offers for both its Live Music Weekends and its Privilege Holiday Club. Butlin's seaside resorts are located in Minehead, Skegness and Bognor Regis and each resort hosts a fun-filled Skyline Pavilion, surrounded by landscaped gardens and family places to stay.

**BENCHMARK TRAVEL**

Benchmark Travel is offering an exclusive portfolio of police orientated tours, specifically for NARPO members. From the unique Death in Paradise tour on the Caribbean Island of Guadeloupe to its celebrated Croatian wine cruise from Dubrovnik and Split, Benchmark Travel has a range of tours to appeal to members and family/friends.

As well as their own tours, Benchmark Travel also feature tours from all the leading tour companies, such as Kuoni, Newmarket, Saga and Thomas Cook – all at discounted prices.

**LEISURE CLUB**

The Leisure Club has partnered with Teetopin to create discounted golf and spa breaks, especially for NARPO members. These offers, which are not available online to buy and cannot be bought directly from the hotel, include a variety of Golf and Spa Hotels around the UK, with mid-week and weekend breaks.

The Leisure Club has also partnered with Crusader Holidays to offer a range of discounted holidays and weekend breaks to NARPO members. These include self-drive holidays in a variety of hotels to suit all budgets around the UK, including city, coastal and country resorts; themed and entertainment breaks; and special interest breaks, which include tickets for special events. These offers will have additional benefits, such as evening dinner or drinks offers, included.

**FRED.OLSON CRUISES**

Fred.Olson Cruises has launched its 2019/20 worldwide brochure, with offers featured in its March newsletter. NARPO members receive a 10% membership discount\* on their first sailing with Fred.Olson Cruise Lines – and that's on top of any current offers. Existing Fred. Olsen customers can save 5%, in addition to their 5% Loyalty Club discount.

**Further information about all these special offers can be found on the NARPO website:**

<http://www.narpo.org/leisure/holidays-travel/special-offers/>