

# NARPO

NORFOLK BRANCH NEWSLETTER  
*Of service to those who served*



## Chairman's Notes

This will be our last Newsletter of 2023 how quick the time passes It doesn't seem very long ago I was writing the Christmas Newsletter for 2022.

We are now arranging our Christmas Meals at four locations all within reasonable distance of all members. Please do try and make the effort to attend it's a great occasion to meet former colleges and catch up. I have arranged many of these now, the attendance increases year on year. NARPO subsidises all the events; the cost varies on location but all are good value for money,

All of the members who attended the Broads trips enjoyed the day along with Suffolk members whilst many of you ask to repeat the Queen of the Broads trip again I am thinking we will kill this off one day and not be able to get the numbers required. Suffolk make up about 40% of those attending. We need to have an alternative suggestion. I would be pleased to hear your views and suggestions.

We shall be distributing Christmas Hampers to the over 90s again and we continue to send Birthday Cards and a gift card to those who reach either 80, 85, 90, 95 and 100 if anybody makes that. I enjoy receiving your letters of thanks.

NARPO is undergoing a makeover with Incorporation which will make us NARPO LTD and prevent Committee Members being sued except for £1. In this day and age it seems somebody always wants to sue somebody. We will go into further details in due course.

On behalf of the NARPO Committee whom I thank for their work this past year I wish you all a very Happy Christmas and I look forward to seeing you at our events in 2024.

Stan Watkinson Chairman

October 2023

Helen Wickens MBE

Secretary

8 Yare Close

Caister-on-Sea

Norfolk

NR30 5RR

01493 728166

07793846524

Norfolk@narpo.org

www.narponorfolk.org

DATE for the DIARY

**Just a reminder  
the Force Carol  
Service will be  
held on  
MONDAY 11th  
DECEMBER 2023  
6.30pm for  
7.00pm at  
St Peter Mancroft  
Church, Norwich.**



## **IN MEMORIAM**

It is with sadness we announce the death of the following:

Thomas (Tommy) Herbert Taylor, Paul Cant,

Brian Greenacre has requested we list the name of his late wife Jean as many of you in his area will have known her. Jean passed away on 19th April 2023



## Summary of the Narpo Annual Conference 2023 by Jane Stevens Treasurer Norfolk Branch

The Narpo Conference this year was held in Blackpool, not exactly convenient for many Narpo branches but 3 of our committee attended, this took place on Friday 9<sup>th</sup> of September. From what we saw of Blackpool I certainly do not envy those responsible for policing the area.

The venue for Conference was in the Winter Gardens which was ideal, the sound quality was excellent, very important for many of us whose hearing has been better. 400 representatives from most of the 93 branches were in attendance. This year the National Executive put forward a motion for Narpo to become a limited company by guarantee something which has been talked about for the past two years with much research and presentations to branches prior to conference. Much of the day was taken with debate on that and other related issues. I am sure you have seen the background to the motion in Narpo News and our own newsletter. Litigation is a real and genuine problem today and presently we are personally responsible for our records which in turn means that I or any other person accessing the national database could be personally sued should there be a data breach. Becoming a limited company reduces the personal liability to £1 per member - that is all of us. This was the overriding feature for us to change our status and indeed many other similar organisations are looking towards changing their status to a company limited by guarantee. Having said that the motion was well debated, some questions remain to be answered, especially regarding banking but the vote was taken and passed by 72% in favour of the motion. For the motion to be passed a 2/3rds majority was required so this was close. We do not know how long it will take for us to become a limited company but we should know more by the new year.

During the afternoon session we had some very interesting speakers from Flint House and the Police Treatment Centre (the north's equivalent of Flint House). As retired personnel we can now subscribe to Flint House at a cost of £5 per month which gives us access to their wonderful facilities. Should you require any further information regarding Flint House please contact any committee member.

We had a speaker from Merseyside Narpo talking about Welfare and what they as a branch do for their 3,500 members. I am pleased to say that I think we support our members in a similar way but we are not complacent, if someone could do with our assistance we need to be informed, please let us know if you think we could assist.

The accounts were presented and Narpo HQ is financially sound with assets in excess of 3.5 million as at 31<sup>st</sup> December 2022. Having said that this year and next year the accounts project an overspend on income of £250,000 each year, mainly on large increases in the wages bill and communications. I asked a couple of questions (see photo) regarding these issues and was told that presently Narpo HQ are short staffed but they are not actively recruiting but the projected budget relates to the possibility of more staff being employed, additionally the cost of raw materials to produce the newsletters has greatly increased over the past few months, hence the projected overspend on communications. Therefore the actual costs as they relate to staff will not be as bad as projected.



Conference 2024 is to be held in Torquay so once again a real trek for us and many other east coast branches.

## Christmas 2023 Events

1. **Ian Taylor** is organising Christmas Lunch for the Dereham area on **Wednesday 6th December 2023. 12.30pm for 1.00pm** at The Railway Arms, North Elmham.

The full price for 1 course is £16.00, 2 courses £22.00 & 3 courses is £28.00 however this cost will be subsidised by the Branch by £10 per head per member and their partner. Non members and guests will pay the full price.

To book your place(s) please contact Ian on 07721535193 or e-mail him on [iantaylor508@btinternet.com](mailto:iantaylor508@btinternet.com). Bookings with payment required by Wednesday 2nd November 2023. Reference NE

2. **Brian Pincher** is organising Christmas Lunch for **Friday 8th December 2023 12noon for 1.00pm** at The Old Feathers, Framlingham Pigot (4 miles south of Norwich on A146).

The full price is £32 for 3 courses & coffee, however the cost will be subsidised by £10 per head per Member and partner so the cost to you will be **£22 each**. Non members and guests will pay the full price.

Maximum number of places is 60 so, to book your place(s) please e-mail Brian at [b.pincher@btinternet.com](mailto:b.pincher@btinternet.com) and he will forward the menu to you. All choices and payment must be received by the very latest 17th November 2023. Reference FP

3. **Stan Watkinson** is organising Christmas Lunch for Monday **11th December 2023 12noon for 12.30pm** at The Anvill, Congham, Kings Lynn. (Dogs not allowed)

The full price is £21.00 for 3 courses, however this cost will be subsidised by £10 per head per member and their partner. (i.e cost for Member & guest **is £11 each**) Non members and guests will pay the full price.

To book your place please contact Stan on 01553 636629 or e-mail [stanwatkinson1@gmail.com](mailto:stanwatkinson1@gmail.com). and he will forward a menu as starters must be pre ordered.

Bookings with full payment must be made by Monday 4th December 2023 .Reference KL

4. **Mark Scott** is organising Christmas Lunch for Wednesday **13th December 2023** at Garrods Restaurant, Furzedown Hotel, Great Yarmouth .

The full price for 2 courses is £27.50 & 3 courses is £32.50, however this cost will be subsidised by the Branch by £10 per head per member and their partner so the cost to you will be £17.50 or £22.50 respectively. Non members and guests will pay the full price.

Please contact Mark on [mark.scott91@ntlworld.com](mailto:mark.scott91@ntlworld.com) or 07771937156 to register your interest and he will forward details to you with a menu as pre-ordering is required. Payment will be required with return of menu choice. Once Mark receives your menu choice and payment, your place will be reserved and it will be on a first come first served basis with all orders required to be returned by Monday 4th December 2023. Reference GY

Payment by BACS is preferred :

NARPO Norfolk Branch, Account Number 61426680, Sort Code 403550

To help our Treasurer, please use the respective venues reference (1. NE, 2. FP, 3. KL and 4. GY)

If paying by cheque, please make it payable to NARPO Norfolk Branch and send it to Mrs J Stevens, 46 Coniston Road, Brooke, Norwich, NR 15 1HX and add an additional 50p to the total amount to cover bank charges please.

## XPS—Norfolk Constabulary’s Pension Administrators

I am often asked how to contact the pension people and my response to date has been e-mail them on [penmail@xpsgroup.com](mailto:penmail@xpsgroup.com) and quote your national insurance number. Well, for those of you who are computer savvy, you can now access your own pension details by going to [www.myownpension.org.uk](http://www.myownpension.org.uk). This allows you to check that your personal information is correct, see your pension benefits, view documents and print out your P60 and abridged payslips.

(an updated payslip that is HMRC compliant and acceptable to banks and loan companies is currently being developed).

When you enter the website for the first time you will have to ‘sign up’ but it takes you through the process, after that, you just have to log in. I have managed to do it so it must be easy !

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### DATE FOR YOUR DIARY

The Annual General Meeting for the Norfolk Branch of NARPO will be held on Wednesday 6th March 2024, at 1.30pm. The venue will again be Dereham Town Football Club, Aldiss Park, Dereham, where there is ample parking, and no steps.

Please consider attending, as this is when you have an opportunity to chat to the Committee Members and hear what they have been doing throughout the past year.

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Finally as this is the last Newsletter before Christmas and I know it is a few weeks away yet, but I would like to wish you all a Happy Christmas and good health for 2024.

**Helen Wickens MBE, Secretary**

